

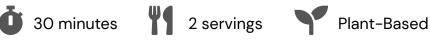
Product Spotlight: Sorghum

Sorghum is high in protein and fibre, and low in fat. Not just a food resource, it is one of the most important cereal crops worldwide and is also used in the production of biofuels.

Winter Harissa Tagine K2

with Toasted Almonds

A flavourful spiced tagine with root vegetables and green olives served over pearls of sorghum finished with toasted almonds and fresh dill.







Spice it up!

You can use ground turmeric, paprika or coriander in this dish to enhance the Moroccan flavours. You could also add saffron if you have some.

FROM YOUR BOX

SORGHUM	100g
SHALLOT	1
CARROT	1
SWEET POTATOES	300g
CHERRY TOMATOES	1 bag (200g)
HARISSA PASTE	1 sachet
FLAKED ALMONDS	1 packet (30g)
SICILIAN OLIVES	1 tub
DILL	1 packet



1. COOK THE SORGHUM

Place sorghum in a saucepan and cover with water. Bring to the boil and simmer for 15-20 minutes until tender. Drain and rinse.



2. SAUTÉ THE VEGETABLES

Heat a frypan over medium-high heat with **2 tbsp olive oil**. Slice shallot and carrot. Dice sweet potatoes (2-3cm) and halve tomatoes. Add all to pan as you go along with **1/2 tbsp cumin**. Cook for 2 minutes until fragrant.



3. SIMMER THE TAGINE

Stir in harissa paste and crumble in **1 stock cube**. Pour in **2 cups water** and stir to combine. Cover and simmer for 20-25 minutes or until vegetables are tender.

FROM YOUR PANTRY

olive oil, salt, pepper, ground cumin, 1 stock cube

KEY UTENSILS

large frypan with lid, saucepan, small frypan

NOTES

You can add some tinned legumes like chickpeas or cannellini beans to this dish if desired!



4. TOAST THE ALMONDS

Add flaked almonds to a dry frypan. Toast for 3-4 minutes until golden. Set aside.



5. STIR THROUGH OLIVES

Rinse olives and stir through tagine. Season to taste with **salt and pepper**.



6. FINISH AND SERVE

Divide sorghum and tagine among shallow bowls. Garnish with picked dill fronds and flaked almonds.

